

MOON EXPLORATION

Scientific and Strategic Pathways for Lunar Settlement and Beyond

Prepared by:

ENG. MAJD ALSADI¹

LAMIA SHAHEEN¹

ABDULRAHMAN SHAHEEN

Affiliation:

¹MENA ORG ANALOG MISSION

Presented at:

International Astronautical Congress (IAC) 2025

Sydney, Australia

Date: July 2025

Keywords: Lunar Exploration, Artemis Program, In-Situ Resource Utilization, Moon Settlement, International Space Collaboration, Deep Space Gateway, Space Technology

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Submitted to: DeSci Nodes (<https://nodes.desci.com/>)

Version: 1.0

Publication Date: January 25, 2026

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Abstract

The Moon, Earth's closest celestial neighbor, continues to inspire scientific exploration. As a natural satellite, it offers a unique opportunity to study the formation and evolution of the solar system. This research paper highlights the importance of lunar exploration, reviewing key missions, technologies, and the scientific and strategic benefits of returning to the Moon.

The study emphasizes how lunar geology contributes to understanding planetary origins, and how the Moon serves as a testing ground for space technologies supporting future missions to Mars and beyond. It also explores in-situ resource utilization (ISRU), such as the presence of water ice in polar regions, and current efforts to develop sustainable lunar habitats.

Despite major advances, challenges remain, including radiation, low gravity, and logistical constraints. Through continuous innovation and international cooperation, the Moon remains a vital gateway for deep space exploration and the future of human presence beyond Earth.

Keywords: Moon, Lunar Exploration, Artemis, ISRU, Space Settlement, Mars Gateway

Plain Language Summary

This paper explains why returning to the Moon is important for science, technology, and future Mars missions. We discuss how the Moon can teach us about our solar system, serve as a testing ground for space technologies, and provide resources for sustainable space exploration. The paper highlights international cooperation through programs like Artemis and recommends next steps for successful lunar settlement.

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1 Introduction

The Moon, being the closest celestial body to Earth, has long fascinated scientists and explorers. With the rapid advancement of space technology, this fascination has evolved into direct scientific exploration—from early uncrewed missions to the historic Apollo 11 landing in 1969. Lunar exploration extends beyond understanding the Moon’s geology; it provides a pathway to study the origins of the solar system and Earth itself. More importantly, it offers a platform to support long-term human space missions to other planets, primarily Mars.

In recent years, global interest in the Moon has resurged, positioning it as a strategic stepping-stone for deeper space exploration. Space agencies around the world are actively investigating lunar resources, environmental conditions, and infrastructure development for sustainable human settlement.

The 21st century has shifted the Moon’s role from a symbolic target to a practical destination. Missions now focus on establishing long-term presence, utilizing local resources, and testing life-support technologies necessary for future interplanetary travel. Lunar exploration is no longer just a vision; it is an ongoing scientific and strategic endeavor.

By combining robotic and human missions, the Moon becomes more than a stopover—it becomes a frontier for innovation, collaboration, and a new era of space living. The coming decades hold vast potential for turning the Moon into a foundation for humanity’s expansion into the solar system.

2 Orbital and Robotic Missions on the Moon

Lunar exploration has seen remarkable progress thanks to both orbital and robotic surface missions. These missions play a crucial role in collecting data and analyzing the Moon’s environment without risking human life.

2.1 Orbital Missions

These spacecraft orbit the Moon and gather detailed images, terrain data, and compositional analysis of the lunar surface. Notable missions include:

- **Lunar Reconnaissance Orbiter (LRO)** – Launched by NASA in 2009 to provide high-resolution maps and surface characteristics.
- **Chandrayaan-1** – India’s 2008 mission that contributed to the discovery of water molecules on the lunar surface.
- **SELENE (Kaguya)** – A Japanese mission that delivered topographical data and insights into the Moon’s interior structure.

2.2 Robotic Surface Missions

These missions land directly on the Moon and use landers or rovers for in-depth exploration.

- **Luna Missions** – Soviet missions (1959–1976) that marked the first successful landings and sample returns.
- **Surveyor Program** – American landers in the 1960s that tested soft-landing techniques for future crewed missions.
- **Chang’e Program** – China’s modern lunar program, with landers like Chang’e 3 and Chang’e 4, and rovers such as Yutu (Jade Rabbit), which explored the Moon’s far side.

2.3 Mission Significance

- Created detailed topographic maps of the Moon.
- Identified potential water ice deposits.
- Tested precision landing and remote operations.
- Prepared for future human missions by analyzing surface hazards and resources.

3 Human Missions and Lunar Settlements

As space technology evolves, agencies are shifting focus from short-term landings to long-term human presence on the Moon. Lunar exploration is now central to developing permanent settlements and preparing for missions to Mars.

3.1 Artemis Program

Led by NASA, in collaboration with ESA, JAXA, and other partners, Artemis aims to return astronauts to the Moon—particularly the south pole, where water ice is likely present.

The mission phases include:

- Initial uncrewed test flights of systems.
- A crewed landing featuring the first woman and first person of color on the Moon.
- Utilization of SLS rocket and Orion capsule for transportation.

3.2 Lunar Gateway

A small modular space station planned for lunar orbit, serving as a staging point for Moon landings and deep-space missions. Its roles include:

- Providing logistical and life-support infrastructure.
- Serving as a science lab and docking hub.
- Reducing reliance on direct Earth launches.

3.3 Lunar Habitats and Construction

Current research focuses on building sustainable lunar bases, using local materials such as regolith (lunar soil) and:

- 3D printing technologies for habitat construction.
- Closed-loop life support systems powered by solar energy.
- Studying long-term effects of lunar conditions on human health.

These initiatives aim to make the Moon a permanent human outpost, enabling long-duration missions and reducing dependency on Earth-based supplies.

4 Life Sciences and Lunar Resource Utilization

Understanding the lunar environment and adapting to it is essential for the success of long-duration human missions on the Moon and beyond. This involves addressing the effects of low gravity and space radiation, while developing sustainable life support systems and agricultural solutions.

4.1 Effects of Low Gravity and Radiation on Human Health

The Moon's gravity is about one-sixth that of Earth, which directly affects muscle mass, bone density, circulation, and spatial orientation. Moreover, the Moon lacks a protective atmosphere and magnetic field, exposing astronauts to galactic cosmic radiation (GCR) and solar particle events (SPE).

Ongoing biomedical studies examine:

- Muscle atrophy and bone loss.
- Changes in cardiovascular and nervous systems.
- Impacts on sleep, balance, and sensory functions.

Preventive measures being researched include:

- Radiation shielding materials using lunar regolith.
- Building shelters in lava tubes or subsurface craters.
- Medical supplements and antioxidants to reduce cellular damage.



Figure 1: 3D Illustration of a Lunar Colony (Credit: Open Source/NASA)

4.2 Lunar Agriculture Research

Food independence is critical for long-term lunar missions. Current agricultural research includes:

- Growing crops in controlled inflatable greenhouses.
- Hydroponic and aeroponic farming in sealed systems.
- Studying plant growth in low gravity conditions.

Goals:

- Develop self-sustaining food systems.
- Minimize resupply from Earth.
- Generate oxygen and clean air through photosynthesis.

4.3 In-Situ Resource Utilization (ISRU)

ISRU aims to use local lunar materials to support missions and reduce cost and complexity. Key resources include:

- Water ice in permanently shadowed craters, usable for drinking water, oxygen, and hydrogen fuel.
- Lunar regolith, rich in silicon and titanium, for construction and industrial use.
- Helium-3, a rare isotope that holds potential for nuclear fusion energy in the future.

Establishing ISRU systems will allow the Moon to serve as a strategic logistics hub for Mars missions and other deep space exploration.

5 Preparatory Activities for Solar System Exploration

The Moon serves as an ideal testing ground for advanced technologies required for deep space missions, particularly those targeting Mars. Its proximity to Earth and exposure to harsh space conditions make it a realistic environment for experimenting with:

- Closed-loop life support systems, which recycle air and water and maintain a stable living environment.
- Advanced propulsion technologies for precise landing and ascent in low-gravity conditions.
- Biomedical equipment tailored for isolated and resource-limited environments.
- Autonomous communication and robotic systems, which will be essential in crewed and uncrewed Mars missions.

These activities are essential for improving human readiness and system reliability, positioning the Moon as a training platform before venturing deeper into the solar system.

6 International and Private Sector Collaboration

Lunar exploration has transformed into a collaborative global effort involving both space agencies and private companies. This shared approach accelerates innovation, reduces costs, and broadens participation.

6.1 Collaboration Among Space Agencies

- NASA, in partnership with ESA (Europe), JAXA (Japan), and CSA (Canada), is working on programs like the Lunar Gateway.
- India (ISRO) and China (CNSA) continue to lead advanced robotic missions with plans for future crewed lunar operations.
- Agencies exchange scientific data, infrastructure, and mission standards, ensuring interoperability and synergy.

6.2 Role of the Private Sector

- Companies like Astrobotic and Intuitive Machines collaborate with NASA through the Commercial Lunar Payload Services (CLPS) program to deliver scientific and commercial cargo to the Moon.
- These companies are developing:
 - Precision landing systems
 - Mobile robotics
 - Payload delivery infrastructure

This international-public-private model is reshaping lunar exploration—from a government-dominated domain to an open and cooperative ecosystem, fostering faster progress and sustainable growth in space science and commerce.

7 Recommendations

To ensure the success of future lunar missions and long-term human presence, the following recommendations are proposed:

1. Expand Biomedical and Environmental Research

Continue studies on the impact of lunar gravity and radiation on human health and plant growth to develop safe, sustainable living systems.

2. Invest in In-Situ Resource Utilization (ISRU)

Accelerate the development of technologies to extract water, oxygen, and building materials from lunar soil, reducing dependency on Earth.

3. Use the Moon as a Testbed for Mars Technologies

Validate critical systems like propulsion, energy storage, habitat modules, and life-support equipment under real lunar conditions.

4. Promote International and Commercial Collaboration

Strengthen partnerships between government agencies and private companies to share resources, expertise, and infrastructure.

5. Integrate Space Education and Training

Create academic programs and student-led initiatives focused on lunar science and engineering to build the next generation of space professionals.

8 Conclusion and Future Outlook

Lunar exploration stands as a pivotal step in humanity's journey toward becoming a spacefaring civilization. The Moon, with its proximity and scientific potential, is more than a research destination—it is a platform for testing and expanding our capabilities beyond Earth.

Through robotic and human missions, resource utilization, and international partnerships, the Moon has become a gateway to deep space. It allows scientists to study the solar system's origins, test cutting-edge technologies, and build a foundation for permanent settlement on other worlds.

As we move forward, the Moon will serve as a launchpad for Mars missions, a hub for space industry, and a symbol of global cooperation. Its role in the future of science, exploration, and innovation is no longer theoretical—it is already underway.

Acknowledgments

This paper was presented at the International Astronautical Congress (IAC) 2025 in Sydney, Australia. The authors thank MENA ORG ANALOG MISSION for support and the IAC committee for the opportunity to present this research. Special thanks to all space agencies and researchers whose work contributed to this review.

Data Availability Statement

This review paper synthesizes existing research from cited sources. No new empirical data were generated for this study. All cited materials are publicly available through their respective sources.

Conflict of Interest Statement

The authors declare no conflicts of interest regarding the publication of this paper. This research was conducted independently without external funding that could influence the outcomes.

Funding Statement

This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors.

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Submission Note:

This paper is submitted for publication on DeSci Nodes (<https://nodes.desci.com/>).

DOI: Will be assigned upon publication by DeSci Nodes.

Publication Date: January 25, 2026

Version: 1.0

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