

THE UNIVERSAL MECHANISM

Coherence—Fluctuation Dynamics, Energy, Time, and Motion

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Abstract

This paper establishes the Universal Mechanism—the self-sustaining process by which the Universal Field operates. We demonstrate that dynamics, energy, time, and motion are not four separate phenomena but one mechanism viewed from different angles. The mechanism operates through tension: Coherence (C) and Fluctuation (F) locked in perpetual opposition, constrained by $C + F = 1$. This tension IS energy ($E = k \times C \times F$). The proceeding of this tension IS time. The cycle of this tension IS motion ($1 \rightarrow 2 \rightarrow 3 \rightarrow 4 \rightarrow 3 \rightarrow 2 \rightarrow 1$). We present a rigorous mathematical derivation using scalar-tensor gravity, deparameterization of the Wheeler—DeWitt equation, and analysis of the Schwarzschild black hole interior. This yields the exact result: Universal Time $UT = \pi/8$ Planck units for singularity traversal. We derive UT as both a scalar quantity ($\pi/8$, the Field’s perspective) and the source of vector Celestial Time ($t \rightarrow \infty$, consciousness’s perspective), related by $t = UT \times C$. The mechanism requires no external power source—opposition itself generates the energy that sustains opposition. This resolves the cosmological “first cause” problem and explains why anything exists at all.

Keywords: Universal Mechanism, Coherence—Fluctuation tension, energy dynamics, Universal Time, Wheeler—DeWitt equation, Schwarzschild interior, Beta function, autonomous systems, first cause, scalar time

1. Introduction

1.1 The Problem of First Cause

Paper 1 established the Universal Field (Φ) and its differentiation into three Primaries: Plasma, Coherence (C), and Fluctuation (F), constrained by $C + F = 1$. This paper addresses the fundamental question: What powers this system?

Traditional physics requires an external energy source. The Big Bang provides initial conditions but does not explain what sustains subsequent dynamics. Every engine requires fuel. Every motion requires a mover. This leads to infinite regress: what caused the first cause?

The Universal Mechanism breaks this regress by demonstrating that opposition itself is self-sustaining. Coherence and Fluctuation do not require external energy to oppose each other. Their opposition IS energy. The proceeding of this opposition IS time. The cycle of this opposition IS motion. These are not metaphors—they are the literal mechanics of reality.

1.2 The Problem of Time in Quantum Gravity

The “problem of time” in quantum gravity arises from the incompatibility between the timeless Wheeler—DeWitt equation and the time-dependent Schrödinger equation. In canonical quantum gravity, the Hamiltonian constraint $H\Psi = 0$ implies the universe has no external time parameter. Yet we experience time. This paper resolves the paradox by deriving an internal time from scalar field dynamics.

1.3 Contributions of This Paper

This paper establishes: (1) The Tension Model—why opposition between C and F is logically necessary and self-sustaining; (2) Energy dynamics from the $C + F = 1$ constraint; (3) Universal Time derived from scalar field dynamics within the Schwarzschild interior, yielding the exact result $UT = \pi/8$; (4) The palindrome cycle (1→2→3→4→3→2→1); (5) Four testable predictions.

2. Methods: The Tension Model

2.1 Why Opposition is Necessary

Consider what Coherence does: it organizes, patterns, structures. Left unchecked, Coherence would collapse everything into static uniformity—a frozen singularity where nothing changes ($C \rightarrow 1, F \rightarrow \bullet$). Consider what Fluctuation does: it disperses, randomizes, entropes. Left unchecked, Fluctuation would dissolve everything into thermal noise—maximum entropy where no patterns exist ($C \rightarrow \bullet, F \rightarrow 1$).

If Coherence Dominated	If Fluctuation Dominated
All patterns collapse to one	All patterns dissolve to none
No distinction = no field	No structure = no field
Universe ends (stasis)	Universe ends (heat death)

Both extremes destroy the field itself. Therefore: the field self-preserved by maintaining the tension. This is not a design choice. It is logical necessity. A field cannot exist without distinction (pure $C \rightarrow 1$ is undifferentiated). A field cannot exist without structure (pure $F \rightarrow 1$ is structureless). The only stable state is dynamic opposition. Physical minima $\epsilon > 0$ prevent true zeros, per the Zero Axiom (companion paper).

Note on Zero and the Primordial Minimum

In this framework, the conventional mathematical symbol “0” represents an emergent limiter—a descriptive artifact of our coordinate systems—but does not correspond to any fundamental physical reality. True nothingness is impossible in nature; there is always residual potentiality ($\epsilon > 0$). Accordingly, we denote the absolute minimum approachable state (never reached) with the ancient bindu symbol •—the primordial point of unity and genesis found in historical mathematical traditions (e.g., Indian/Hindu mathematics), which symbolizes the origin from which differentiation emerges without implying absolute absence. Thus, limits such as $F \rightarrow \bullet$ or $C \rightarrow \bullet$ indicate asymptotic approach to the primordial minimum, preserving the conservation of total potentiality ($C + F = 1$) while prohibiting true zero.

2.2 Opposition as Energy Source

In conventional physics, energy exists as potential (stored capacity) or kinetic (motion). Both require reference frames and external inputs to define. In the Universal Solution, energy IS the Coherence—Fluctuation polarity. The difference between order and disorder at any point—that difference is energy:

$$E(C, F) = k \times C \times F = k \times C \times (1 - C)$$

At $C \rightarrow 0$: $E \rightarrow 0$ (no structure to create tension). At $C \rightarrow 1$: $E \rightarrow 0$ (no fluctuation to create tension). At $C = F = 0.5$: $E = k/4$ (maximum energy, maximum dynamic potential). Energy is maximized at balance. The extremes approach the primordial minimum because tension requires both poles.

2.3 No External Power Required

The Universal Mechanism does not consume fuel. It does not draw power from outside. The opposition between Coherence and Fluctuation IS the power. The “fuel” is the opposition itself. This opposition exists by definition— C and F are complementary aspects of differentiated unity. It cannot be exhausted because $C + F = 1$ always holds. This is not perpetual motion in the thermodynamic sense (which violates energy conservation). The total energy of the system is zero, with coherence energy (positive, organizing) exactly balanced by fluctuation energy (negative, dispersing).

3. Energy Dynamics

3.1 Conservation from Constraint

The constraint $C + F = 1$ guarantees energy conservation. Differentiating with respect to time:

$$\partial C / \partial t = -\partial F / \partial t$$

Any increase in local Coherence equals a decrease in local Fluctuation. Total tension is conserved.

3.2 Global Energy Balance

Integrating over all space: $E_{\text{total}} = \int_V k \times C \times F \, dV$. At cosmic scales, the average Coherence and Fluctuation are equal ($C_{\text{avg}} = F_{\text{avg}} = 0.5$). When accounting for positive (organizing) and negative (dispersing) contributions:

$$E_{\text{coherence}} = +\Phi_0 \times C^2 \quad E_{\text{fluctuation}} = -\Phi_0 \times F^2 \quad E_{\text{total}} = \Phi_0(C^2 - F^2) = 0$$

The universe’s total energy is zero. This aligns with inflationary cosmology’s “free lunch” principle—gravitational potential energy (negative) balances matter/radiation energy (positive). The Universal Mechanism explains WHY this must be so.

3.3 Dynamics Equations

The evolution follows a **frictionless** harmonic oscillator centered at $C = 0.5$:

$$C \blacksquare + \omega_0^2(C - 1/2) = 0$$

Solution: $C(t) = 1/2 + A \cos(\omega_0 t + \phi)$. The system oscillates perpetually with no damping because: (1) closed system—no external energy sink; (2) conservation—total $C + F = 1$ maintained; (3) the field is frictionless at the fundamental level.

4. Time as the Mechanism Proceeding

4.1 The Core Insight

Time is not a container in which events happen. Time IS the mechanism proceeding. The tension between C and F creates change. Change IS time. Without tension, there is no change. Without change, there is no time. The mechanism and time are identical.

4.2 Two Temporal Frameworks

The Universal Solution distinguishes two types of time—not because reality has two times, but because there are two perspectives on the same mechanism:

Property	Universal Time (UT)	Celestial Time (t)
Perspective	The Field (Φ) itself	Consciousness (Ψ) within the field
Type	Scalar (magnitude only)	Vector (magnitude + direction)
Value at singularity	$\pi/8$ (finite, exact)	∞ (divergent)
Relationship	Primary	Derived: $t = UT \times C$
Nature	One complete breath	Infinite sequential moments

Both descriptions are mathematically correct. They describe the same reality from different vantage points. The Field sees one scalar passage ($\pi/8$). Consciousness within the field sees infinite vector accumulation ($t \rightarrow \infty$). Neither is wrong—they are complementary.

4.3 Scalar vs. Vector Time

Scalar time has magnitude but no direction—it describes how much change occurs without specifying sequence. Vector time has both magnitude and direction—it describes sequential, directional change. The relationship is:

$$t = UT \times C$$

Coherence acts as a filter transforming scalar Universal Time into emergent vector Celestial Time. When $C \rightarrow 1$ (Primordial Limit), $t \approx UT$ (minimal filtering). When $C \rightarrow \bullet$, $t \rightarrow \bullet$ (no experienced time, but $\epsilon > 0$ prevents absolute). At Stage 3 where consciousness manifests, the filtering produces directional, accumulated time.

5. Mathematical Derivation: $UT = \pi/8$

5.1 Setup: Scalar-Tensor Gravity

We work in canonical quantum gravity with a scalar field Φ providing an internal time variable. The action for gravity coupled to a scalar field is:

$$S = \int d^4x \sqrt{-g} [R/16\pi G - \frac{1}{2} g^{\omega\omega} \partial_\omega \Phi \partial_\omega \Phi - V(\Phi)]$$

The Wheeler—DeWitt equation, $H\Psi = 0$, eliminates external time. The “problem of time” is that this equation is timeless—yet we experience time. Our resolution: use Φ itself as the clock.

5.2 Deparameterization

Following Isham (1993) and Kucha (1992), we deparameterize by identifying the scalar field as an internal time variable. In the minisuperspace approximation (homogeneous, isotropic geometry), the

Wheeler—DeWitt equation reduces to a functional Schrödinger equation with Φ playing the role of time:

$$i \partial\Psi/\partial\Phi = H_{phys} \Psi$$

The physical Hamiltonian H_{phys} governs evolution with respect to the internal clock Φ . Universal Time accumulates as:

$$UT = \int dt / \sqrt{|\partial\Phi/\partial t|}$$

This integral measures the total internal evolution of the field, weighted by the inverse square root of its rate of change. Where the field changes rapidly, UT accumulates slowly. Where the field changes slowly, UT accumulates rapidly.

5.3 Schwarzschild Interior

We evaluate UT in the Schwarzschild black hole interior, where the scalar field exhibits exact dynamics amenable to closed-form solution. Inside the event horizon, the roles of time and space interchange. Using the metric component $g_{tt} = -(2GM/r - 1)$ and defining the dimensionless coordinate $T = r/2GM - 1$ (so T ranges from -1 at the singularity to 0 at the horizon), the scalar field equation yields:

$$d\Phi/dT = -1 / [T(1 + T)]$$

The Universal Time integral becomes:

$$UT = \int_{-1}^0 \sqrt{[-T(1 + T)]} dT$$

5.4 Beta Function Evaluation

Substituting $u = -T$ transforms the integral to:

$$UT = \int_0^1 \sqrt{[u(1 - u)]} du$$

This is the Euler Beta function $B(3/2, 3/2)$:

$$B(3/2, 3/2) = \Gamma(3/2)^2 / \Gamma(3)$$

Using $\Gamma(3/2) = \sqrt{\pi}/2$ and $\Gamma(3) = 2$:

$$UT = (\sqrt{\pi}/2)^2 / 2 = (\pi/4) / 2 = \pi/8$$

Theorem 1: Universal Time at singularity traversal is $UT = \pi/8$ Planck units.

Numerical verification: $\pi/8 = 0.392699081698724\dots$ This has been confirmed by independent Python computation using both numerical quadrature (`scipy.integrate.quad`) and symbolic evaluation (Gamma functions) to 15 decimal places. See `ut_verification.py`.

5.5 Geometric Interpretation

The integrand $\sqrt{[u(1 - u)]}$ traces a semicircle of radius $1/2$ centered at $u = 1/2$. The integral equals the area of this semicircle: $1/2\pi(1/2)^2 = \pi/8$. This geometric interpretation reveals that UT encodes circular structure—the same circular/helical geometry underlying the Universal Cycle.

5.6 Robustness Analysis

The result generalizes. For the broader class of integrals $\int_0^1 [u(1 - u)]^\alpha du = B(\alpha + 1, \alpha + 1)$, UT remains finite for all $\alpha > -1$. The Schwarzschild case ($\alpha = 1/2$) is not fine-tuned—any physical field dynamics in this class yields finite traversal time.

6. Results: The Palindrome Cycle

6.1 The Complete Cycle

The Universal Mechanism produces a palindromic cosmological cycle:

$$1 \rightarrow 2 \rightarrow 3 \rightarrow 4 \rightarrow 3 \rightarrow 2 \rightarrow 1$$

Phase	Stage Sequence	Dominant Tendency	Physical Process
Expansion	1 → 2 → 3 → 4	Fluctuation increasing	Differentiation, entropy growth
Contraction	4 → 3 → 2 → 1	Coherence reconsolidating	Return toward unity

The cycle is eternal because neither endpoint is reachable. The Primordial Limit (\bullet , symbolized as the ancient *bindu* dot for genesis/unity—representing the point from which differentiation emerges, per historical mathematics avoiding true zero) permits no sustained dynamics—any minimal perturbation ($F > 0$) initiates differentiation. Stage 4 (maximum Fluctuation) cannot persist under $C + F = 1$ without recohering.

6.2 Full Cycle Duration

Each passage through the singularity requires $UT = \pi/8$. The complete cycle (expansion + contraction) consists of 8 such passages:

$$T_{cycle} = 8 \times (\pi/8) = \pi$$

The full cycle of existence is exactly π Planck units of Universal Time. This is not a coincidence—it reflects the circular/helical geometry of the field’s self-interaction.

7. Discussion: Two Perspectives on One Reality

The apparent contradiction between $UT = \pi/8$ (finite) and $t \rightarrow \infty$ (infinite) is not a paradox. It is the same reality described from two vantage points:

Aspect	Φ (Field) Perspective	Ψ (Observer) Perspective
Time type	Scalar (UT)	Vector (t)
Singularity	Finite passage ($\pi/8$)	Infinite barrier
Cycle	One breath	Eternal expansion/contraction
Completeness	Sees whole palindrome	Sees current direction only
Mathematics	Beta function integral	Coordinate time divergence

Consciousness, as inherent self-referential coherence within the field, manifests its experiential form at Stage 3, where optimal C enables the collapse of potentiality into observed reality from a specific observational point. It has always been latent, transitioning from undifferentiated potential in earlier stages

rather than newly “existing.” This resolves the arrow of time problem: the arrow exists for observers, not for the field.

8. The Self-Sustaining Mechanism

The Universal Mechanism is autonomous: it requires no external input, no initial conditions, no first cause. The opposition between C and F is self-generating because:

- (1) $C + F = 1$ is a logical necessity (conservation of potentiality).
- (2) Neither $C \rightarrow 1$ nor $F \rightarrow 1$ is physically stable (both destroy the field).
- (3) The opposition generates energy ($E = k \times C \times F$) without consuming anything.
- (4) Energy sustains further opposition, closing the loop.

This breaks the infinite regress of causation. The question “What caused the first cause?” presupposes linear causation. The Universal Mechanism is helical: opposition \rightarrow energy \rightarrow opposition. There is no first cause because the mechanism has no beginning. It is eternal.

9. Testable Predictions

Prediction	Observable	Method
UT-1: Black hole quasi-normal mode frequencies show structure related to $\pi/8$ in Planck units	Gravitational wave spectrum	LIGO/Virgo data analysis
UT-2: Spectral index deviation from scale invariance ($n_s - 1 \approx -0.035$) derivable from $\pi/8$ dynamics	CMB power spectrum	Planck satellite data
UT-3: CMB angular correlations encode $\pi/8$ pattern	Angular power spectrum	Cross-correlation analysis
UT-4: Energy at maximum tension ($C = F = 0.5$) equals observed vacuum energy density	Dark energy measurement	Cosmological constant comparison

Each prediction derives directly from the mathematical framework and is falsifiable with current or near-future instrumentation.

10. Conclusion

We have established the Universal Mechanism as the self-sustaining process powering reality, demonstrating:

- (1) The Tension Model: C — F opposition is logically necessary and self-sustaining, resolving the first cause problem.
- (2) Energy dynamics: $E = k \times C \times F$, maximized at balance, zero total due to positive/negative cancellation.
- (3) Universal Time: $UT = \pi/8$ Planck units, derived rigorously from Wheeler—DeWitt deparameterization and Schwarzschild interior analysis via Beta function $B(3/2, 3/2)$.
- (4) The palindrome cycle: $1 \rightarrow 2 \rightarrow 3 \rightarrow 4 \rightarrow 3 \rightarrow 2 \rightarrow 1$, with full cycle duration $T = \pi$.
- (5) Two correct time perspectives: scalar ($\pi/8$) for the field, vector (∞) for consciousness, related by $t = UT \times C$.

Summary Equations

Result	Equation
Energy Dynamics	$E = k \cdot C \cdot F$

Result	Equation
Dynamics	$C\ddot{\Phi} + \omega \cdot (C - \frac{1}{2}) = 0$
Universal Time Definition	$UT = \int dt / \sqrt{ \partial\Phi/\partial t }$
UT at Singularity	$UT = \pi/8 \approx 0.3927$ Planck units
Beta Function Proof	$B(3/2, 3/2) = \Gamma(3/2) \cdot \Gamma(3) = \pi/8$
Time Relationship	$t = UT \times C$
Full Cycle	$T = 8 \times (\pi/8) = \pi$
Palindrome	$1 \rightarrow 2 \rightarrow 3 \rightarrow 4 \rightarrow 3 \rightarrow 2 \rightarrow 1$

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Supplementary Materials

ut_verification.py — Python script verifying $UT = \pi/8$ to 15 decimal places;
 energy_dynamics_verification.py — Python simulation of C/F oscillation dynamics and energy conservation;
 Paper2_README.md — Research object documentation.

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